

Global Reverberations Coronavirus-19

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April 15, 2020

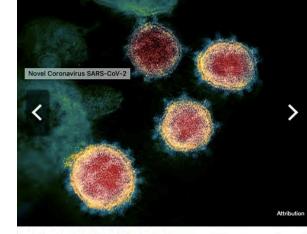
Outline of Discussion

- Coronavirus-19 virology
- Epidemiology
- Interventions
- Impact on healthcare systems and clinical research
- Designing the optimal global health response



Human Coronavirus (HCoV): Virology and Human Pathology

- HCoV-OC43
- HCoV-HKU1
- HCoV-NL63
- HCoV-229E



Novel Coronavirus SARS-CoV-2

This transmission electron microscope image shows SARS-CoV-2-also known as 2019-...

- Severe acute respiratory syndrome (SARS-CoV)
- Middle East respiratory syndrome (MERS-CoV)

Coronavirus Epidemics/Pandemic

Outbreaks of coronavirus-related diseases

Outbreaks of coronavirus types of relatively high mortality are as follows:

Outbreak	Virus type	Deaths
2003 severe acute respiratory syndrome outbreak	SARS-CoV	774 ^[42]
2012 Middle East respiratory syndrome coronavirus outbreak	MERS-CoV	Over 400 ^[43]
2015 Middle East respiratory syndrome outbreak in South Korea	MERS-CoV	36 ^[44]
2018 Middle East respiratory syndrome outbreak	MERS-CoV	41 ^[45]
2019–2020 coronavirus pandemic	SARS-CoV-2	At least 15,328 ^[46]



Deadly Viruses and Epidemics

Viruses

- SARS-CoV-2
- Ebola
- Hanta
- Lassa
- Rabies
- Small Pox
- Dengue
- Influenza

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Epidemics

- HIV
- Flu (Hong Kong)
- Flu (Asian)
- Flu (Spanish)
- Cholera (6th) 1910-11
- Flu (Russian)
- Cholera (3rd) 1M 1852-1860

1M

- Plague (Black Death) 75-200M 1346-53
- Justinian (Bubonic) 25M 541-42
- Antonine (Galen) 5M 165 AD

36M 2005-2012
1M 1968
2M 1956-58
20-50M 1918-20
800K

1889-90

5

Clinical Features: Covid-19

- Fever 99%
- Fatigue 70%
- Dry cough 59%
- Anorexia 40%
- Myalgias 35%
- Dyspnea 31 %
- Sputum production 27%
- Loss of smell



Global Statistics as of April 15, 2020

- Global case load 1,999,628
 - USA 609,685
 - Spain 177,633
 - Italy 162,488
 - Germany 132,210
 - France 131,362
 - China 83,355
 - Iran 76,389
 - United Kingdom 94,847
 - South Korea 10,423

(26,059) (18,579) (21,067)

(deaths, 128,011)

(3,489) (15,750 (3,346) (4,777)

(12, 131)

(225)



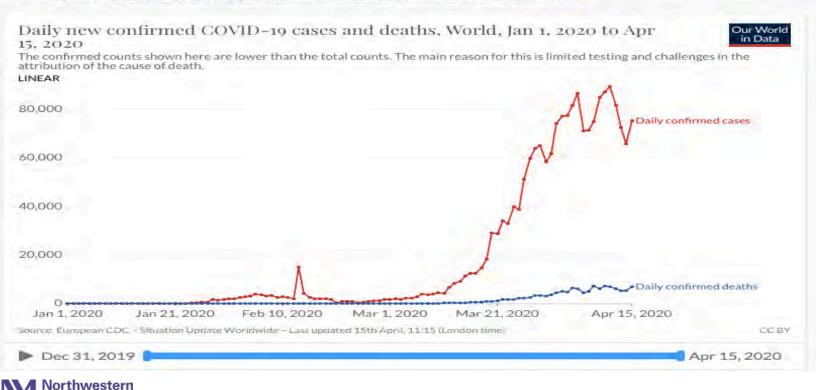


Daily COVID-19 Cases and Deaths Worldwide

Cases vs. deaths: we show the correlation between confirmed cases and deaths here.

Medicine

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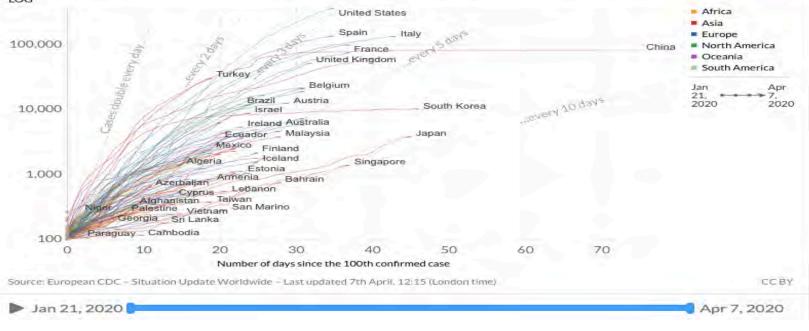


Total Confirmed COVID-19

Starting after first 100 cases

Total confirmed cases of COVID-19

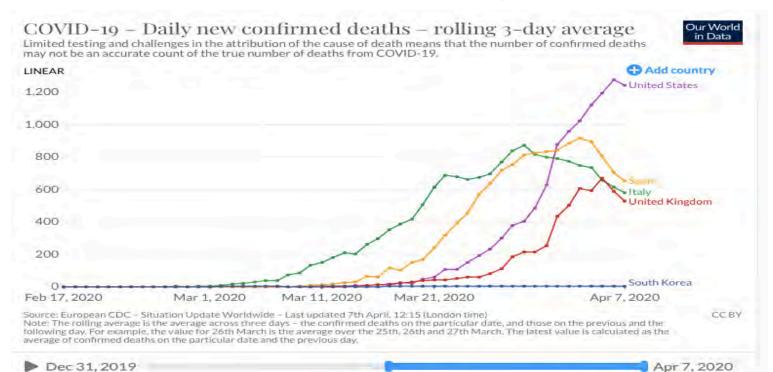
The number of confirmed cases is lower than the number of total cases. The main reason for this is limited testing. LOG





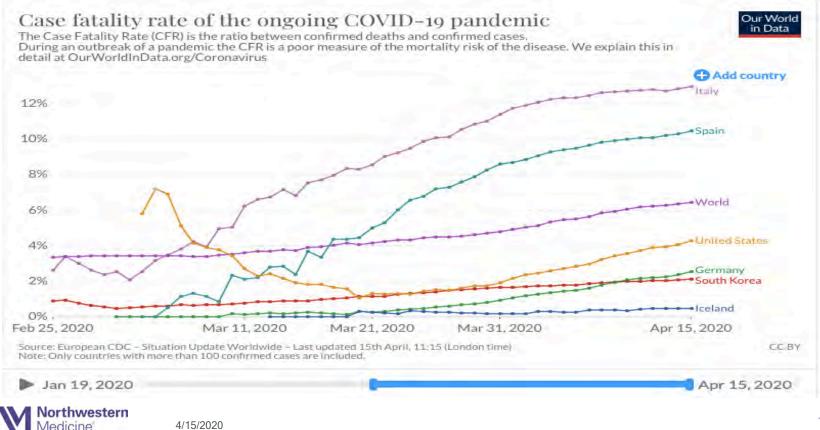
Our World in Data

COVID-19 Deaths per Country





Case Fatality by Country



National Statistics as of April 15, 2020

- New York 203,377
- New Jersey 47,437
- Massachusetts 28,164
- Michigan 27,001
- California 25,779
- Pennsylvania- 25,551
- Illinois- 23,248
- Florida 21,628
- Louisiana- 21,518
- Texas- 15,343

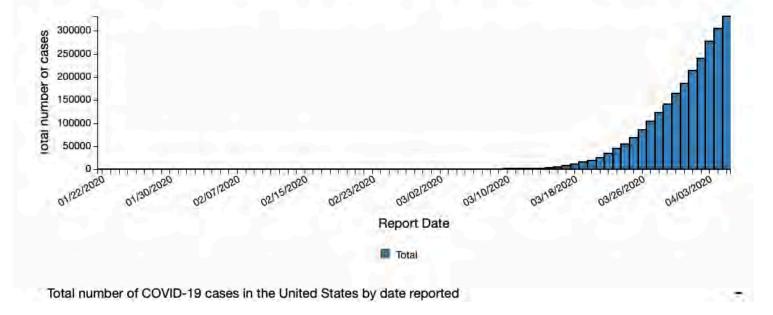






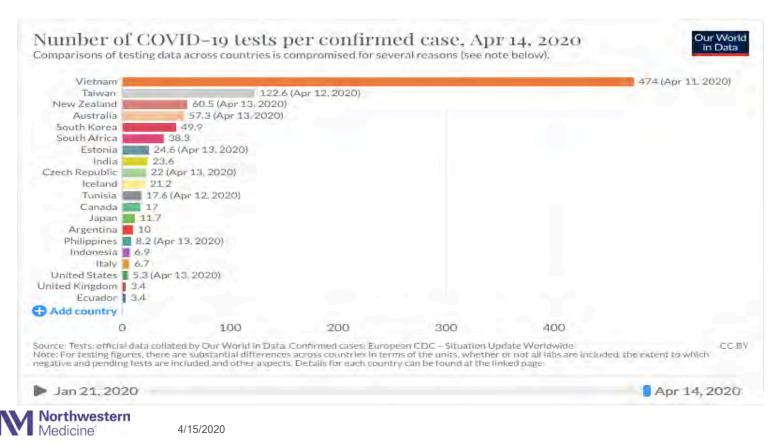
US COVID-19 through April 2020

Cumulative total number of COVID-19 cases in the United States by report date, January 12, 2020 to April 5, 2020, at 4pm ET (n=330,891)*†





Number of Tests per Confirmed Case



US Outcomes up to March 16, 2020. (N=4,226) MMWR, March 18,2020

Fatality

- <u>></u>85 10% 27%
- 65-84 3% 11%
- 55-64 1% 3%
- 20 -54 <1%
- <20 0



Hospitalizations (N=508)

Number of hospitalization by age and ICU Admission

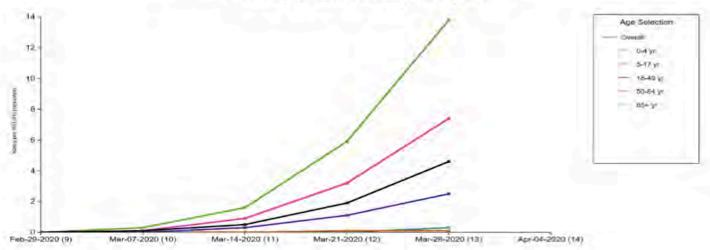
- <u>></u> 85	9%	7%
- 65-84	26%	46%
- 55-64	17%	36%
- 45-54 64s)	18%	36%* (included in 55-
- 20-44	20%	12%
- <20	<1%	0%



COVID-19 Hospitalizations by Age

A total of 1,482 laboratory-confirmed COVID-19-associated hospitalizations were reported by COVID-NET sites between March 1, 2020 and March 28, 2020. The overall cumulative hospitalization rate was 4.6 per 100,000 population with the highest rates in those aged 65 years and older (13.8 per 100,000) followed by adults aged 50-64 years (7.4 per 100,000).

Laboratory-Confirmed COVID-19-Associated Hospitalizations



Preliminary cumulative rates as of Mar 28, 2020



US Outcomes up to March 16, 2020. (N=4,226)

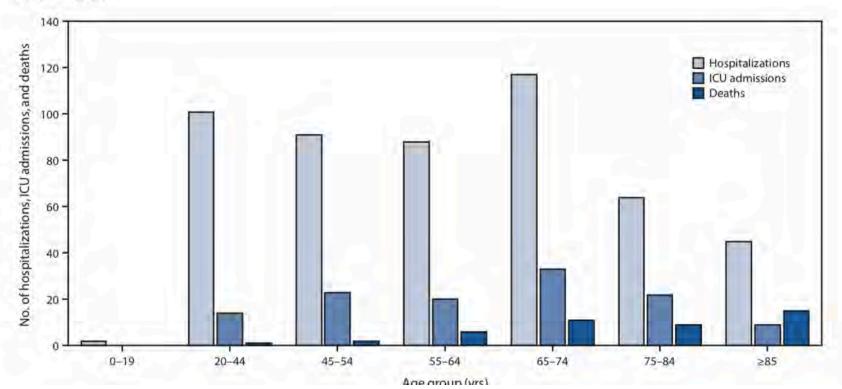
MMWR, March 18,2020

- Adults <u>>65 years</u>
 - 31% of all cases
 - 53% of ICU admissions
 - 80% of deaths
 - 15 (34%) <u>></u>85 years
 - 20 (46%) 65-84 years
 - 9 (20%) 20-64 years
 - 0 (0%) <20 years



Hospitalization, ICU Admits, Deaths

March 16, 2020





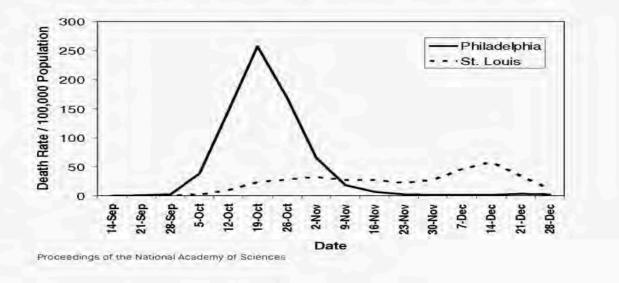
Interventions

- Do nothing
 - Wait for a vaccine
 - Wait for a new treatment
- Case isolation
- Case isolation and household quarantine
- Closing schools and universities
- Case isolation, home quarantine, social distancing
- Mandatory quarantine, government takeover, martial law

Northwestern Mintervention's based on Science and Leadership²⁰

Social Distancing: Nothing New Influenza Epidemic 1918 (aka Spanish Flu)

By the end of the week, more than 4,500 were dead in an outbreak that would claim as many as 100 million people worldwide. By the time Philadelphia's politicians closed down the city, it was too late.



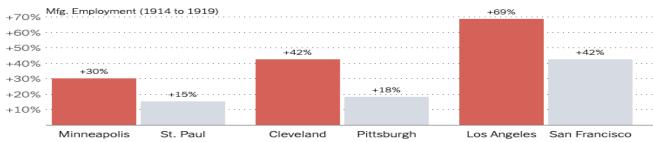


Intervention Length, Mortality and Employment



Between similar cities, places with longer-running interventions had lower mortality

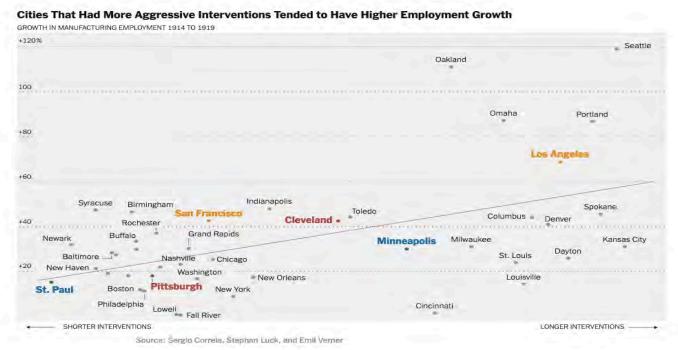




TYPE OF INTERVENTION: LONGER SHORTER



Cities, Intervention and Employment Flu of 1918





4/15/2020

New York City and Social Distancing 2020



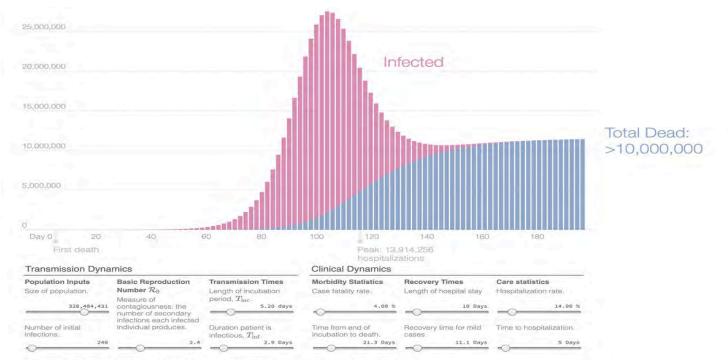
Times Square in New York yesterday, Mark Lennihan/Associated Press

What social distancing looks like



4/15/2020

Transmission and Clinical Dynamics



Source: Epidemic Calculator, Gabriel Goh, http://gabgoh.github.io/COVID/index.html.





Here is where coronavirus deaths would rank in the U.S., assuming an overall infection rate of 10% and fatality rate of 0.5% over the next year:

How Coronavirus Deaths Could Compare With Other Major Killers

CAUSE OF DEATH	U.S. DEATHS
Heart disease	655,381
Cancer	599,274
Alzheimer's, dementia and brain degeneration	267,311
4 Coronavirus (estimate)	165,000
Emphysema and COPD	154,603
· Stroke	147,810
Diabetes	84,946
Drug overdoses	67,367
Pneumonia/flu	59,690
Liver disease and cirrhosis	55,918
Renal failure	50,404
Car crashes	42,114
Septicemia	40,718
Guns	39,201
Infection rate 39% Fatality rate	0.5%

Here is where coronavirus deaths would rank in the U.S., assuming
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How Coronavirus Deaths Could Compare With Other Major Killers

CAUSE OF DEATH	U.S. DEATHS		
Heart disease	655,381		
2 Coronavirus (estimate)	633,000		
Cancer	599,274		
Alzheimer's, dementia and brain degeneration	267.311		
Emphysema and COPD	154,603		
Stroke	147,810		
Diabetes	84,946		
Drug overdoses	67,367		
Pneumonia/flu	59,690		
Liver disease and cirrhosis	55,918		
Renal failure	50,404		
Car crashes	42,114		
Septicemia	40,718		
Guns	39,201		

Infect	ion r	ate		19			Fatalit	ty rate			0.	5%
10%	201.	30%	40%	50%	60%	70%	0.5 %	1.0%	1.5%	2.0%	2.5%	3.0

Here is where coronavirus deaths would rank in the U.S., assuming an overall infection rate of 19% and fatality rate of 0.5% over the next year:

How Coronavirus Deaths Could Compare With Other Major Killers

tion rate 50% Fatality rate	0.5%
Guns	39,201
Septicemia	40,718
Car crashes	42.114
Renal failure	-50,404
Liver disease and cirrhosis	55,918
Pneumonia/flu	.59,690
Drug overdoses	67,367
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Stroke	147,810
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Cancer	599,274
Heart disease	655,381
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Car crashes	42,114		
Septicemia	40,718		
Guns	39,201		

Here is where coronavirus deaths would rank in the U.S., assuming an overall infection rate of **29%** and fatality rate of **0.5%** over the next year:

Fatality rate

1.0% 1.5% 0.5%

0.5%

2.0% 2.5% 3.0%

How Coronavirus Deaths Could Compare With Other Major Killers

40% 80% POTA ...

Infection rate

10% 20%

Infection rate

Heart disease	655,381
Cancer	599,274
3 Coronavirus (estimate)	473,000
Alzheimer's, dementia and brain degeneration	267,311
Emphysema and COPD	154,603
Stroke	147,810
Diabetes	84,946
Drug overdoses	67.367
Pneumonia/flu	59,690
Liver disease and cirrhosis	55,918
Renal failure	50,404
Car crashes	42,114
Septicemia	40,718
Guns	39.201

1.0% 1.5% 2.0% 2.5% 3.0% 10% 20% 30% 40% 50% 70.

60%

Fatality rate

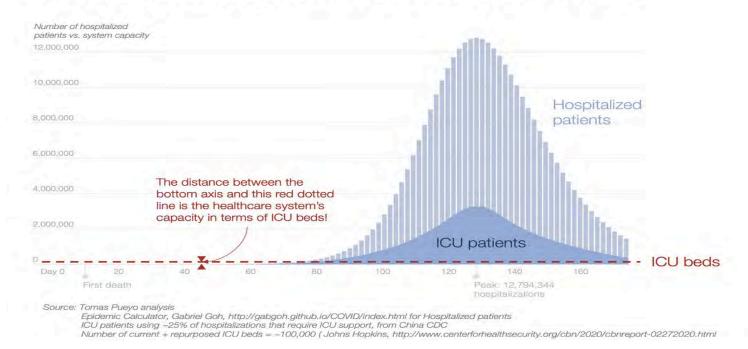
Here is where coronavirus deaths would rank in the U.S., assuming an overall infection rate of 60% and fatality rate of 0.5% over the next year:

How Coronavirus Deaths Could Compare With Other Major Killers

CAUSE OF DEATH	U.S. DEATHS
1 Coronavirus (estimate)	961,000
Heart disease	655,381
Cancer	599,274
Alzheimer's, dementia and brain degeneration	267,311
Emphysema and COPD	154,603
Stroke	147,810
Diabetes	84,946
Drug overdoses	67,367
Pneumonia/flu	59,690
Liver disease and cirrhosis	55,918
Renal failure	50,404
Car crashes	42,114
Septicemia	40,718
Guns	39,201

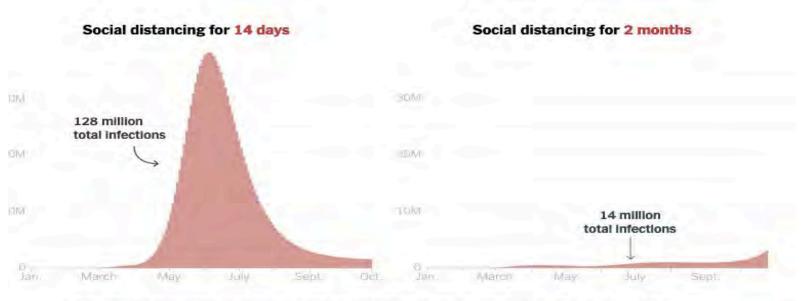
Hospital System Capacity: possibility of implosion

Chart 4: Hospitalized Coronavirus Patients vs. System Capacity





Impact of Social Distancing



Note: "Social distancing" also includes a reduction in large gatherings; some school closures and working from home; and efforts to support hospitals and diagnostic testing. Based on a simulation between January and late October using an epidemic model. See <u>full methodology</u> for details.



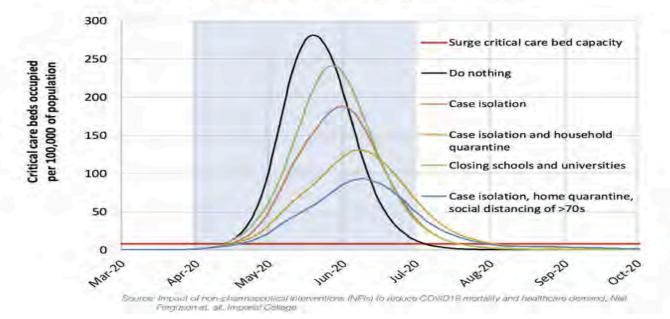
US Capacity Statistics: AHA Statistics 2020 Stats Unmet needs

- # hospitals 6146
- # hospital beds 924,107
- # hospital admits 36,353,946
- # ICU beds
 - Med/Surg 46.825
 - Cardiac 14,439
 - Community 7.323
- # ventilators 160,000
 - Nat'l SS 12,700
 - Made in US ~50%
 - \$25,000+ - Cost
- #Deaths 2017 2,813,503 Northwestern 4/15/2020

- Beds
- Hospitals
- ICU beds
- Ventilators
- PPE
- Swabs
- Test kits
- Surge personnel

ICU Bed Needs and Social Distancing

Chart 5: Peaks in Need for ICU Beds in the UK for Different Social Distancing Measures





ICU Capacity is Deficient

Mongowerignwentinterwention has been done many time, during war cooperaieds Government Options

Sewell Avery removed from his office



- USG takes over critical hospital supply industries, "Defense Production Act 1950"
- More PPE
- More ventilators
- More reagents
- More testing facilities
- More quarantine facilities (hotels; arenas, sports facilities)
- Pre-agreed upon national and international emergency plans for equipment personnel diagnostic

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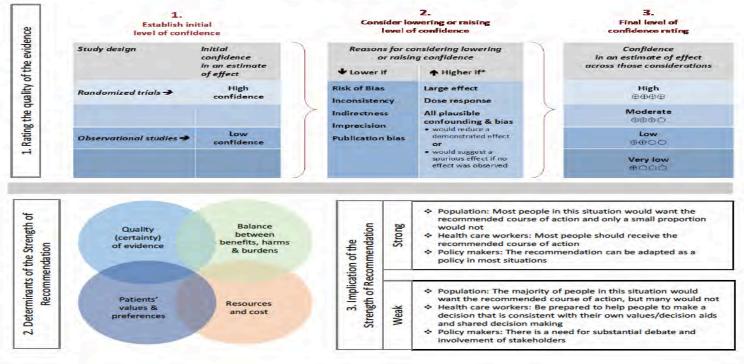
Clinical Research and COVID-19

- >84 vaccine trials planned or underway worldwide
- >100 drug candidates
- Hydroxychloroquine/Chloroquine +/- azithromycin
- Lopinavir/ritonavir and other HIV antivirals
- Corticosteroids
- Tocilizumab
- Convalescent plasma
- Ribavirin
- Oseltamivir
- IVIG
- MTase inhibitors



Methodology for Evaluation of COVID-19 Therapy

IDSA, April 11, 2020 GRADE methodology (unrestricted use of the figure granted by the U.S. GRADE Network)





- Hydroxychloroquine/Chloroquine
 - Formerly used for malaria and immunosuppressive therapy
 - 2 RCTs: failed show effect on clinical progression, viral clearance; possibly some clinical improvement; no data on mortality, ICU admission , ventilation.
 - Adding azithromycin may have less viral failure (Selection bias?); no change in mortality or ICU admissions; increases QT intervals
 - Risks: QT prolongation (>500 ms), GI toxicities (7%), death, affected by renal clearance, in a randomized study in Brazil one treatment arm stopped due to toxicity
- Lopinavir/ritonavir and other HIV therapies
 - 1 RCT and 2 cases studies
 - No benefit on mortality or clinical progression
 - 14% discontinued due to AEs Medicine 4/15/2020

- Corticosteroids
 - No RCT, 4 retrospective analyses
 - No clear benefit observed
 - May increase viral replication especially early in the infection course
- Tocilizumab
 - 1 uncontrolled study, N=21
 - Assuming mortality of 60% in critically ill/11% in severely ill, less mortality than expected (9.5% vs 20%)
 - IL6 upregulation may impact P450 system



Convalescent Plasma

- 2 case series, N=15; no controls, most patients very ill
- No deaths (30% expected)
- Ribavirin
 - Antiviral drug; many toxicities, has Black Box warning
 - 26 studies, most inconclusive, 4 showed harm
- Osetamivir
 - Influenza drug, no evidence yet; studied in combination with other drugs, ongoing.

• IVIG

- Remdesivir
 - Broad spectrum antiviral active against many RNA viruses including SARS, MERS, Ebola, RSV, Nipah, Marburg, Hendra
 - Lowers viral load of SARS-CoV in mice
 - 53 patients treated compassionately has generally positive outcomes, no controls
 - RCT underway, including NU/NMH, sample size >700
- MTase Inhibitors
 - Developed under a research program here at NU (Karla Satchell, PI).
 - Inhibits and identified target. In development.
- Summary

Medicine treatment recommended outside of a clinical trial

Science and Leadership

Science

- NIH, NSF, CDC, DoD now focusing on COVID-19
- Vaccine development vigorous: 84 trials in planning or development
- Therapeutics: >100
 - Refocusing old drugs
 - Hydroxychloroquine/Chloroquine
 - Lopinavir/ritonavir
 - Azithromycin
 - HIV, HCV, other antivirals
 - Developing new drugs



Northwestern

Leadership

- Coronavirus Task Force
 - VP Pence, chair
 - J Adams, Surgeon General
 - A Fauci, director NIAID
 - D Birx, response coordinator
 - R Redfield, director CDC
 - S Hahn, director, FDA
 - Alex Azar, secretary DHHS
 - L Kudlow, director National Econ Council
 - S Mnuchin, secretary of Treasury
 - B Carson, secretary of Housing

Leadership Quotes

- 01/22 We have it totally under control (CNBC)
- 02/10 Looks like by April, you know, in theory, when it gets a little warmer, it miraculously disappears. (NH rally)
- 02/24 The coronavirus is very much under control in the USA...stock market starting to look very good to me





Leadership Quotes

- 02/28 It's going to disappear, one day, it's like a miracle, it will disappear (News Conference)
- 03/07 Anyone who wants a test can have one (NY Times); the FDA regulations have not hindered or been a roadblock to the rollout of tests during this pandemic (Reuters)
- 03/09 I don't need to have the numbers double because of one ship that wasn't our fault (Diamond Princess passengers) (The Guardian)
- 03/10 We're prepared, and we're doing a great job with it. And it will go away. Just stay calm, it will go away. (Meeting with Republican Senators)
- 03/17 I felt it was a pandemic long before it was called a pandemic (News Conference)
 - 03/11/20 WHO declares coronavirus-19 a pandemic

• 03/24 I'd love the country to open up and just be raring to go by Easter (Fox Northwestern 4/15/2020

US Impact to Date...Science good but...Ed Yong, The Atlantic

3/25/20

- Rudderless
 - The President, the Vice President, Head of the CDC, Head of NIAID Dr Fauci, Dr Birx, Jared Kushner, Peter Navarro, Andrew Cuomo, Larry Kudlow, Fox News
- Blindsighted
 - December 31, 2019: WHO informed about mysterious pneumonia in 41 people from Wuhan, ultimately called "nCoV"
 - January 20, first US case in man from Washington State
 - January 30, WHO declares global public health emergency
 - January 31, The President bans travelers from China
 - February 11, COVID-19 becomes the new name
 - March 8, Italy declares lockdown in northern part of country
 - March 11, WHO declares full pandemic
 - March 13, US declares national emergency
 - March 26, COVID-19 in US highest in world
 - April 9, 95% of US under some form of lockdown
- Lethargic
 - 60 day lag in recognizing the pandemic
- Uncoordinated

Northwesterds, the states, neighboring countries, lack of equipment/supplies, national plan, leadership

Best Way Forward: *It is all doable!*

- Social Distancing as much as possible for as long as necessary
- Keep schools and universities closed
- Support the mass of unemployed with funds and health insurance (ACA)
- Ramp up testing
 - South Koreans test 15,000 people/day at 43 drive through facilities
 - That translates to 4000+ people/day for Illinois; 100,000+ people/day for US
- Ramp up diagnostics/supplies and hospital capacity. (DPA if necessary)
- Enforce public health policy vigilantly
- Massive vaccine development initiatives
- Massive antiviral drug development programs
- Restore the Pandemic Response Team and internationalize it

• The more forcefully we act now, the shorter the problem









4/15/2020

